

Long term Yearly View PSHE Curriculum

PSHE DAYS - and Weekly lessons

	Autumn	Spring	Spring	Summer
YR8	Health & Wellbeing Risk of Alcohol, tobacco & other substances First Aid CPR	Living in the Wider World British Values - student voice Government and Democratic society Plastic Pollution	Relationships: Safety online Positive relationships online. Body image	Relationships: Puberty/ healthy relationships BROOK sessions
Careers - interviews of 'How to get the job'				

	Autumn	Spring	Spring	Summer
YR9	Relationships: Consent Healthy Relationships Diversity Contraception Forms HIV/AIDS/STI's	Health and Wellbeing: Past/Present/Future Bereavement Cancer Mental Health Relation Techniques	Living in the Wider World: Prevent CSE Grooming & Gaming	Health and Wellbeing Substances use and positive decision making
Speed dating Careers day				

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YR7	<p>Health & Wellbeing</p> <p>Transition Introduction</p> <p>STEP BOOKLETS</p>	<p>Living in the Wider World</p> <p>Democratic society</p> <p>Respect</p> <p>Rule of Law</p> <p>Human rights</p>	<p>Relationship:</p> <p>Puberty</p> <p>Healthy and positive relationships</p>	<p>Health & Wellbeing</p> <p>Mental Health - how the brain works</p> <p>neuroscience</p> <p>Physical - dental, diet and activity</p> <p>Fizzy drinks</p>	<p>Living in the Wider World</p> <p>Personal Safety</p> <p>Online safety</p> <p>Beach safety</p>	<p>Relationship:</p> <p>Self esteem</p> <p>Exploring family life</p>
YR10	<p>Living in the Wider World</p> <p>Transitioning into KS4 STEP BOOKLETS</p> <p>Budgeting</p>	<p>Relationship:</p> <p>Positive behaviours</p> <p>CSE</p>	<p>Health & Wellbeing</p> <p>Sleep!!!</p>	<p>Relationship:</p> <p>Teen parenting</p> <p>Law</p> <p>Implications of being a teen parent</p>	<p>Health & Wellbeing</p> <p>Cancer</p> <p>Testicular</p> <p>Breast</p> <p>Skin</p>	<p>Living in the Wider World</p> <p>RE Focus on key topics - short term plan</p>

	College and Careers Week					
YR11	Health & Wellbeing Personal safety - Car safety , moto's, insurance , Tax Crash film Responsibility, decisions and consequences.	Relationship Domestic Abusive relationships It's ok to say NO!	Living in the Wider World Personal statements College applications Employment skills	Health & Wellbeing Stress & Exam Pressure Mental health Self harm Eating disorders Depression and anxiety	Living in the Wider World Multiculturalism:	